

## HOW TO DEAL WITH ‘HOLIDAYS’



Once again we ended up back in the period of the months ending with errrrr... September, October, November and December. These months belong to the period that contains a half year of achoraim *backside* namely from September to February. Once again I bring it back in your memory because we already learned it but each time it fled from man. This is the period we forget all the things we once learned! This is the time we have to be very conscious about the things we once learned, how was it a year ago, what did we learned from this period? We are standing at the threshold of a dark period, nighttime falls earlier, the night is longer, there will be more rain and of course this will influence our mood. Our cells react also, there openness is gone too because the sky is clouded therefore our cells can't expand, they shrink.

From within it's the same. When this period arrives and you aren't conscious about the things that happens you will be sad even depressive, experience all kind of strange things, tragedies etc. all the evil will exposure itself in this time of the year: from September till February but this only happens when man isn't conscious.

This afternoon I received an e-mail and the person wrote to me: ‘I have no connection with Judaism but I feel it is the time of Rosh Hashanah.’ This is the period all four natures are standing in front of the Creator, scary....don't think

only Jews know of Rosh Hashanah, the whole world will stand in front of HaShem. It isn't necessarily to visit a synagogue just as Jews do; the whole world feels this special vibration although the reaction can be different, most of the time their reaction arises from their ignorance.

Look, it happened two years ago that exactly on the day of Jom Kippur all the misery of the American banks became known. Just that day when it was Jom Kippur was the announcement of the financial crisis. Don't think this is an exception; this is the period that what lies hidden, what is a lie is now standing in front of HaShem. What is wrong will be revealed and will be judged.

What is the meaning of this judgment? Pay attention, it doesn't matter if one is religious or not, each person experiences this period as heavy, stuffy and it begins in September and will continue and becomes more heavy during the next half year. We who are learning kabbalah do understand the shining of the panim *face* only comes after the correction of the achoraim – the back. First there is the achoraim...

First there is the light of the achoraim *the back* and then the light of ga'r enters our kelim. He who builds up continuously and consistently and undergoes with joy these months of darkness will come to the light. He will experience the months following these six months, from Adar – the month of spring as a relief.

Don't think this time isn't needed. Don't wait and do nothing and think when spring comes then it will be nice and warm, we are living today, in the now. This is the time of the achoraim therefore we have to act and live patiently with gratitude and joy during these six months. It's part of the annual cycle – it makes a year complete. It's during this period we are building up our strengths so we can go to a higher step. Don't say this is a bad time. This time is part of our personal growth also and we need this period!

If someone asks me 'I have no relationship with Judaism or have no part in their traditions but I feel the time of Rosh Hashanah is there...' then my answer is, what you feel is only the time of achoraim. They have given it a name, we have learned the name and of course it is the beginning of a new year, of course man is standing in front of HaShem, it is a heavy period, all of this is true but only considering the point of view of man.

All the special days and holidays are given at man. It is man himself who determines these days, see it this way. It is written in the Torah: "for you this is a prescription; it is the beginning of the months, all the months of spring I give to you, this is for you the beginning of the months but you have to count the months yourself". Who says its new moon? Of course man sees this in the sky but....in earlier days when there was the Sanhedrin *the Great Meeting*, a month started when there was a testimony of two witnesses, and they came from the place where the moon first appeared and then they came to Jerusalem and they appointed the time when it happened. This was the beginning of a new month.

It was therefore established.....sometimes they celebrate the new moon during two days, why? Then there was nobody coming from the surrounding of Jerusalem while there was the Great Meeting but it came from another place and it took a day before the testimony of two witnesses arrived at Jerusalem. Now you know why two days, you don't have to celebrate two days just as they do. They don't understand...its only one day new moon and that's the day you have to celebrate.

The thing is, here on earth man influences the special days. It is given to us to announce all the holidays so each person should know when it took place and of course it all comes from above but at the same time you have to know that from above doesn't exist Rosh Hashanah. There isn't Jom Kippur. There are no special days above, neither Rosh Hashanah, nor Jom Kippur or Pesach; it is only given at man.

For he who comes further in kabbalah the aspect of time disappears...the calendar disappears. Me for instance I don't look at the calendar, I have no interest. Please don't let there be a misunderstanding, I don't say you have to do the same as I do; each one of us has his own development. I don't say don't look at the calendar. I always had said to you "look these are special days, they have a special outcome because there is benevolence from above" and this is still right. I have never said to you, and I will never say to you 'follow me' because each one of us has his own development.

But for me the calendar doesn't exist any longer. Of course I have my agenda containing an appointment with my dentist, what I mean is, I'm talking about the spiritual; spiritual I don't need it any more. For me it has died, why? It has died because from above it doesn't exist. Above there are no holidays

A man grows and first he comes to the worlds of separation, the world asiah, jetsirah, briah....when he is in these worlds he lives in separation and doesn't receive the strength coming from the world atzilut. Due to this he needs all the holidays and let me be clear, I'm not speaking about religious people because that is only comedy. Jom Kippur etc. it's one big comedy. I only speak about he who works on himself just as you are doing. And of course you may celebrate, you may think at Rosh Hashanah when it suits you, I'm not aware of your level. But for me it doesn't exist any longer.

It's my wife who says to me 'today it is Jom Kippur' and my answer is 'that's nice'. Or she says 'today it is Rosh Hashanah'. 'Oh nice', for me it doesn't matter whether it is Pesach, Rosh Hashanah or Jom Kippur. What exists for me is panim *the front//face* or achoraim *back*. For me there is only the ten sphiroth and not the parties and whatever they give at the people of Israel who maintain the treaty of the flesh.

Of course they had to follow the treaty of the flesh but only till the coming of Jeshua and Christians have copy this and do the same. They only gave another meaning to the holidays. They were jealous and they too wanted to have their own special holidays. All of this actually is considering the treaty of the flesh while this treaty doesn't exist any longer for ha'kadosh baruch'hu.

What is there to know? You only have to know the ten sphiroth, the ten emanations of the light. Only this is important. Ten sphiroth, one partzuf and one partzuf consist of two parts: under the chazeh and above the chazeh and here is your working area. What is it you have to do? Each time you have to bring in conformity the upper and lower part, the part above the chazeh with the part under the chazeh just as z'a and nukwa. See this as an annual cycle: above the chazeh is the period of spring and summer – from March to August. The side of panim when man is full of life, that's the period we have contact because all our cells are going open just as nature....followed by the period of achoraim, autumn and winter, the months of September till February. This is a period we too have to pass with all the joy we have within us, patiently and with courage and strength.

And all of this you have to do it by yourself. Don't let the bad weather be of influence or other things that are now a little bit heavier. It's different; this half year differs from the past six month! You can compare this with for instance the

good and the bad; the two periods of a year are similar to the period of good and bad. Autumn and winter – September till March are similar with the evil but a good evil, gevurot. And when it is spring and summer – March till August is similar to chasadim. Now we are stepping in the time of gevurot and this we need too! Because of the gevurot you can build up your strength, your partzuf. Both are necessarily for your personal spiritual fulfillment. There comes a moment you will know it is part of your grow, part of your true happiness, part of your development and your true I, then look with joy and great pleasure out of your window and feel, feel what is happening during the months of darkness. Whatever you do, do it with joy and happiness – you **will** do it with joy and happiness!